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# **Ribas Associates 8 Programs for Social-Emotional Learning in Schools and Homes**



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### **About Ribas Associates:**

Ribas Associates has 16 years of experience providing training, consulting, and publications to school districts. This includes providing services in 145 program areas to over 100 school districts.

In the area of **social-emotional learning** our books and programs are used by over 100 school districts in 10 states, the Massachusetts School Principals Association, the Rhode Island School Principals Association, and the Rhode Island

PTA to provide programs to administrators, teachers, school clinical staff, paraprofessionals, and parents. Ribas Associates has published two nationally acclaimed books on social-emotional learning. They are *Social-Emotional Learning in the Classroom* (April 2017) and *Social-Emotional Learning in the Home* (January 2018).

**Program Options:**

All the programs contained in this booklet can be provided:

1. by our trainers who are experts in social-emotional learning or
2. by your in-**district trainers** trained and licensed by Ribas Associates

**Program 1: 12 Hour Training Program for Teachers, School Clinical Staff, and/or Paraprofessionals**

The program is designed for mixed groups of teachers, school clinical staff, and paraprofessionals. Or, it can be modified to meet the needs specific to any one of these groups.

Districts may opt to only provide part 1 with the option to provide part 2 at a later date.

**Part 1- First 6 hours:** Begin with defining what SEL is and isn't and each teacher's needs. Move on to routines and positive relationships, accountable talk

1. What does the shift toward SEL look like? Defining Social-Emotional Learning: 5 Categories 44 Skills
2. The process of bringing SEL to districts, schools and classrooms: the adults first, Massachusetts DESE Frameworks and recommended process.
3. How does SEL work in the classroom? SEL integrated throughout school day for general and special education students to practice and apply skills.
4. The research and SEL impact on academics, school climate, and individual growth. What a SEL classroom looks like.
5. Specific classroom measures:
  - Growth mindset/goal setting/effective effort, and engagement: Using Goal Setting to support a mastery mindset for all students and to personalize/differentiate learning for at risk learners and Self-Awareness and Self
  - Accountable talk/group work/routines/norms and Social Awareness Social Relationships
  - Classroom meetings/Community/Restorative discipline and Problem Solving
6. Developing the next SEL steps for your classroom and school: Action Plan

**Part 2 Next 6 Hours:** Practical Applications to Specific Classroom Management Plan, Classroom Meeting Components, next steps, assessing progress, sharing

1. Cultural awareness and the beliefs of students, teachers, the community
2. Developing a comprehensive plan for each classroom (Classroom Management Plan)
3. Supportive relationships, behaviors in Tier I, Individual Contingency Plan, restorative practices
4. Developing engaging classrooms that support student achievement.
5. Developing a whole-school social-emotional learning action plan: book clubs, facilitating, supporting change.

## Program 2: Social Emotional Learning in the Classroom Online Book Discussion Club for Educators

The online book discussion group is lead by one of the authors of the book *Social-Emotional Learning in the Classroom*. Book group participants read each chapter at his or her own pace. Each chapter has a discussion forum with discussion and analysis questions written by the author. Many of the questions are related to implementing strategies learned in the chapter. Participants choose two or more questions from each chapter to answer. Participants are encouraged to comment each other's forum posts creating an interactive dialogue. Periodically the author jumps in and provides thoughts and insights. Each participant chooses five strategies they commit to implementing in their work with students. The program is available for 18 PDPs and participants may also obtain 1 graduate credit.

## Program 3: Get the Full District on the Same Page With an Author Keynote Address to Every Educator in the District!

This 1 to 2 hour program provides an overview to the five areas or SEL and the 38 related skills of highly effective people sought by employers. It shows the most current research proving the significant positive impact of SEL on school and career success found in the *Wall Street Journal*, *Journal of Early Childhood Education*, *American Journal of Public Health* and other sources. The program shows the strong connection between growth mind set and SEL. The program concludes by providing easy to implement strategies that can be used by teachers, paraprofessionals, school clinical staff, and school leaders.

## Program 4: Leadership Training: Developing Teachers' and S.I.S.P.s' Ability to Develop Social Emotional Skills in Students Using the District Evaluation Procedures

### Social-Emotional Learning in the Classroom

*Practical Guide for Integrating All SEL Skills into Instruction and Classroom Management*



William B. Ribas, Ph.D. • Deborah A. Brady, Ph.D. • Jane Hardin, M.Ed.

The description below is to work with the administrators to enable them work with the teachers through faculty meetings, walkthroughs, evaluative observations, and conferences. The program is designed to

1. insure that all administrators know the five major categories of social-emotional learning and how those areas connect with the district initiatives and the “skills of successful people”
2. insure that all administrators know the 38 skills of social-emotional learning and how those skills are developed through various school and district initiatives,
3. generate a list of next steps administrators can take in their schools using faculty meetings, book study groups, learning walk walks, classroom observations, to assist teachers with the development of the social-emotional learning skills of all students,
4. show the administrators the elements in the teacher evaluation rubric that address SEL and how the elements align with the book *Social Emotional Learning in the Classroom*.

*Click on the book cover to view the Introduction, author biographies, and a multi-district cost sharing plan.*

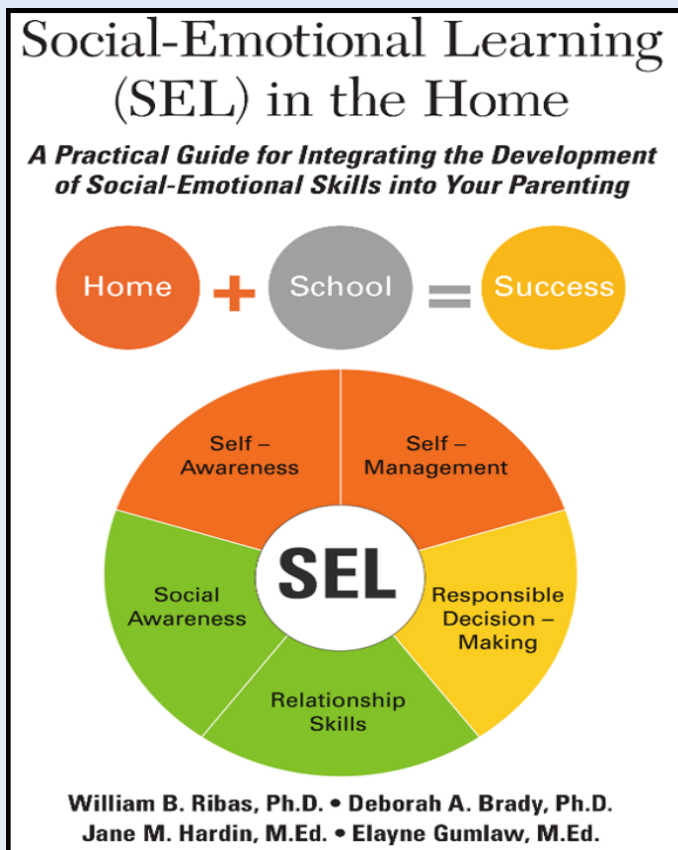
**Program 5: Running effective teacher/administrator lead book groups based on the book *Social Emotional Learning in the Classroom*.**

In this one day training your district can have a team of book group leaders. The book has been written to make it easy to use with book groups. Each chapter has focus questions that make for interesting and productive discussions. Ribas Associates provides the trainers with a step by step protocol designed specifically for this book.

**Program 6: District and School SEL Implementation Consultation**

Ribas Associates has experts in program implementation. Since the release of our book *Social-Emotional Learning in the Classroom* on April 27, 2017 over 45 school districts in five states have adopted the program. We have provided programs for teachers, school, clinical staff, paraprofessionals, administrators and parents. The change process can be difficult in this age of initiative fatigue when educators are feeling overwhelmed with new programs. There are many “right” ways to implement SEL in a district or school. There are also important lessons learned from the “mistakes” of others. We can help your district have a smooth and effective implementation.

**Program 7: Social Emotional Learning in the Home: Author Talk**



The research on the positive effect of developing students’ social-emotional skills is indisputable. School districts all over the country are ramping up their ability to develop these skills in their classrooms. However, little is being done to help parents/guardians understand the skills and how they can be developed in the home. In a student’s preK-12 life, 95% of the academic learning needed to succeed in life is done in schools. When it comes to the development of social-emotional skills, parents and guardians have the opportunity to contribute 50% or more to the skill development because every parenting interaction is an opportunity to develop social-emotional skills. They have the opportunity and ability to impact the development of social-emotional learning skills from birth through adulthood.

This 90 minute talk for parents is based on our book *Social-Emotional Learning in the Home*. The program is designed to provide parents with:

1. an understanding of the five categories of SEL and the specific intrapersonal and interpersonal skills related to each

2. the motivation to work on skill development at home by explaining the impact on school (academic and social), career (what employers want), and life success for students who develop these skills
3. concrete examples of how parents/guardians can interact with their children in ways that develop these skills.

**Program 8: Social Emotional Learning in the Home *Live or Online* Book Discussion Club for Parents/Guardians and Educators**

### **How the Book Club Works:**

**Option 1 Live:** Book clubs can be run live with parent/guardian or school staff leaders. The book has been designed for easy use by book clubs without any instruction. The Introduction to the book contains two easy to use book club protocols. Parents may choose the one they prefer. Each chapter has thoughtful discussion questions.

**Option 2 Online:** Ribas Associates the book club set up on an online platform. Participants sign into the platform and participate in easy to use discussion forums related to each chapter. Also available are videos on key topics in social-emotional learning and parenting. The program is self-paced allowing each participant to read and respond in a time frame that hits their life style.

***Click on the book cover to view the Introduction and author biographies.***

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